



What Can I Do to Prepare My Child for Kindergarten?

***Personal Needs**

Dress themselves - tying shoes, buttons pants/coats, zip jackets
Know left and right - practice with your shoes!
Take care of bathroom needs
Washing hands & blowing nose
Recognizing own clothing and possessions

***Responsibilities**

Following simple directions
Putting toys and clothing away
Understanding concepts of space, direction and place

***Establish Routines**

Set limits - have your child help make rules together
Eating habits
Sleeping habits
Create a daily or weekly schedule

***Communication**

Talk with your child
Practice "active listening"
Turn-taking in conversations
Maintaining eye contact
Encourage your child to talk about their feelings and emotions

***Read! Read! Read!**

Talk about the pictures and what is happening in the story
Talk about the meaning of words in the text
Visit the library
Read labels at the store

***Academic Skills**

Recognize, name, count and write numerals 1-20
Count and sort objects together
Count to 100
Recognize and name colors, shapes and patterns
Write first and last name
Identify letters and sounds